

Child Care Health Consultation Lesson Plan

Contractor Name: Standardized Clock Hour Training

Date Submitted: April 10, 2013

☐ **Children's Health Promotion**

Adult Training on Content Area V: Health and Safety Select one standard and one level	Health and Safety Standards	Training Levels
	<input type="checkbox"/> Promoting Risk Management Practices	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input checked="" type="checkbox"/> 5
	<input type="checkbox"/> Protecting Children and Youth	Source: Core Competencies for Early Childhood and Youth Development Professionals (Kansas and Missouri), 2011
	<input checked="" type="checkbox"/> Promoting Physical Health	
	<input type="checkbox"/> Promoting Mental Health	
	<input type="checkbox"/> Promoting Healthy Eating	

Title: Asthma Management in the Young Child

Training Goal: Child Care providers will be able to manage the care of young children in their centers who have asthma

Learning Objective(s): Participants will:

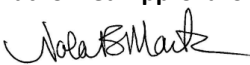
- Identify key facts about childhood asthma relevant to child care settings
- Recognize/record physical signs that are relevant to a child's asthma patterns
- Discuss ways to implement measures to reduce environmental asthma triggers
- Distinguish between asthma quick relief and control medications
- Describe reasons for contacting parents and/or for seeking emergency care (911)
- Learn where to access additional information about childhood asthma for staff and parents

Topical Outline of Content	Training Method(s)	Time (in minutes)
Knowledge assessment of participants	Pre-test	10 min
Introductions—participants introduce selves and give an asthma-related concern they have	Discussion—record concerns on flip chart	10 min
Key Facts: Asthma triggers	Power Point; Lecture; Asthma trigger posters/pictures	15 min
Asthma Care Training for Child Care Providers: What Else Needs to Be Done?	Video	15 min
	Group Discussion /Power point	10 min
Finding Additional Information—Caring for Children with Asthma Exercise/Review	Small Group Exercise	20 min
	Groups of 2-4/report out	5 min
Review Sample Asthma Action Plan: Sample Symptom Diary and Medication Record	Group discussion Flip Chart	20 min
Asthma treatment—Common equipment/medications	Discussion Demonstration/practice	10 min
Post Test and Wrap up discussion	Post test Review answers Reinforcement of rationales, knowledge	5 min

Method(s) of Outcome Evaluation: Questions and Answers

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APPROVED FOR TWO (2) CLOCK HOURS

Date Approved: 04.2013 renewed 02.2014	Authorized Approval Signature: 	Date Expires: Feb 2017
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